

When Mama Grows With Me

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Synopsis: Welcome to a delightful adventure in *When Mama Grows with Me*, where the bond between a mama and her son blossoms just like the vibrant flowers in their garden!

This heartwarming tale not only invites families to join in a journey of discovery but also educates, showcasing how a few tiny seeds can transform into a breathtaking display of colors and life. As they cultivate their garden, our duo learns about pollinators' vital role in keeping our earth healthy while meeting the charming critters that call their garden home.

What makes this experience even more remarkable is the playful incorporation of yoga poses inspired by nature. With each stretch and pose, young readers can connect their physical movements to the beauty surrounding them, all while having fun and learning the invaluable lesson of patience.

Critique: *When Mama Grows with Me* is an interactive journey that fosters family bonding and enriches experiences we cherish. The book's interactive nature is highlighted by the inclusion of a step-by-step guide to each yoga pose, encouraging families to engage together. This reinforces the idea that growth, both in the garden and within ourselves, takes time and care.

Rebecca Wheeler's enchanting storytelling makes learning fun and encourages children to explore their emotions through the lens of the natural world, making the learning process exciting and enjoyable.

So, gather your loved ones, roll out your mats, and embark on a joyous adventure celebrating nature's magic and the strength of family connections! Being a long time yoga student, this book spoke to my heart and soul.